

Social Emotional Learning Resources

Section #1 What is SEL?

Articles

What is SEL?	Why is SEL essential? Video: Why is SEL So Important During Covid?	An SEL Framework	Promoting SEL in Middle School and High School
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Section #2: Student Engagement and Establishing a Supportive Classroom Climate

Articles	Tools	Videos
For Remote Strategies for Trauma-Informed Distance Learning	For Remote and In-Person: Using Padlets to Foster Classroom Community	Building a Belonging Classroom
For Remote: The New 3 Rs - Relationships, Routines and Resilience		60 second shout outs
Remote Routines: Creating Community in a Virtual World		
Remote Relationships: Using Bitmoji to Build Community/Engagement		
Remote Engagement: Tips on Increasing Engagement During Remote Learning		

Section #3 Explicit SEL Instruction For In-Person and Remote Teaching

Articles	Tools	Video Tools and Examples
Engaging Instruction to Promote Equity	SEL 101: Positive Greeting at the Door	Prerecorded Second Step® Emotion-Management Lessons (Pre-K - 5th) with study guides (Scroll to bottom of page to find these)
An Example of a Middle School Social Emotional Learning Curriculum	Article and Lesson Plans: SEL 201: 3 Signature Practices and The SEL Playbook: Lesson plans (and more) that you can put to use today	Free SEL Teaching Videos -Short videos to use as prompts for SEL lessons for all grades
	PBIS World - Interventions and Ideas for Tier 1 - 3	Example Video of Remote SEL Instruction (Younger Grades)

Section #4: Integrating SEL Instruction into Academics For Both In-Person and Remote Teaching

Articles	Tools	Videos
Quick Reference Guide for SEL Integration	Teacher Self-Assessment: Integrating SEL into Daily Instruction	Examples of SELbeing integrated with academics - Group of short videos
Aligning SEL and Academic Objectives	Article and Planning guide: SEL and Academics: Better Together	The Pyramid Model: SEL for Pre-K
Using Recess and PE to teach	Using Interactive Pedagogy:	Middle School: Using Advisory

<u>SEL</u>	<u>Tools for SEL</u>	<u>to Teach SEL</u>
	<u>SEL-integrated Lesson Planning Checklist</u>	<u>Storytime/Library: Five Essential Picture Books for Back to School Anxiety and SEL(10 minute video)</u>
	<u>SEL and Behavior Intervention: Adapting CICO Plans for Remote Learning</u>	<u>Teaching SEL through Music (48 minute video)</u>
	<u>Three Keys to Infusing SEL Into What You Already Teach</u>	
	<u>Integrating SEL in Middle School Social Studies</u>	